

PRACTICAL PARENTING FOR THE 21ST CENTURY!

Sundays, 4:00pm – 5:30pm
Northampton Area Pediatrics
193 Locust Street office



Join pediatrician, **Jonathan Schwab, M.D.**, and clinical psychologist, **Sharon Saline, Psy.D.**, and invited guest speakers for a short presentation, Q & A and refreshments. Gain insights and ask *your* questions!

Space is limited. RSVP to alok@napeds.com or call 413-517-2226.

Dates and class subjects may change. Please contact us to subscribe to NAP's email newsletter for the most up to date notices.



October 4th

When Worrying Takes Over:
Managing Anxiety in your Child or Teen
with Jonathan Schwab, M.D. and Sharon Saline, Psy.D.

October 18th

ABC's of ADHD: Pre-school and School Age Years
with Jonathan Schwab, M.D. and Sharon Saline, Psy.D.

November 8th

Let's Talk about Vaccines: Helping Parents
Make the Right Decisions for their Children
with Jonathan Schwab, M.D.

December 13th

ABC's of ADHD: Middle and High School Years
with Jonathan Schwab, M.D. and Sharon Saline, Psy.D.

January 10th

Raising Digital Citizens in the 21st Century
with Jonathan Schwab, M.D. and Sharon Saline, Psy.D.

February 21st

Love and Food: Reversing Childhood Obesity
with Kindness and Nutrition
with Michele LaRock and Ana Maria Moise

March 20th

Talking with your Children about Sex and
Gender Issues with Jane Fleishman, M.S.

April 10th

How to Talk about Alcohol and Marijuana with your
Teenager: Tips about Adolescent Substance Use
with Paul McNeill

May 15th

Preschool Behavior Problems with
Jonathan Schwab, M.D. and Sharon Saline, Psy.D.

June 12th

What about Sleep:
It's more important than you think!
with Beth Haxby

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